

Karalee Tuckshop Menu




Karalee State School
P&C Association

Karalee State School Tuckshop is a community run service provided by the P&C Association and Volunteers. We aim to provide fun and fresh menu options to the Karalee community that are predominantly homemade.

**Operating Hours: Mon-Fri
8:00am-2:30pm**

★ Big Lunch ★ (1st break only)		★ Hot Box ★	
★ Chicken Schnitzel Burger (GF) <i>Crumbed Schnitzel, Lettuce & Aioli on a Sesame Seed Bun</i>	\$6.50	★ Sausage Roll - Lite	\$4.50
★ The CheeseBurglar (GF) <i>Lite Beef Pattie, Cheese & Tomato Sauce on a Sesame Seed Bun</i>		★ Sausage Roll (Gluten Free)	\$6.00
★ Brontosaurus Burger (GF) <i>Lite Beef Pattie, Tomato, Beetroot & Lettuce with Tomato Sauce on a Sesame Seed Bun</i>		★ Chicken Wedge Vege Nest (Lettuce, Corn & Mayo)	
★ Vegetarian Burger (GF,V) <i>Homemade Vegan Lentil Pattie, Tomato, Beetroot, Lettuce & Mayo on a Sesame Seed Bun</i>		2 Wedges & Salad (Additional wedge +\$1.50)	1 Tender (GF) & Salad (Additional Tender +\$2.00)
★ Chicken Wedge Sub (GF) <i>3x Chicken Wedges on a long Roll with Lettuce & Mayo</i>		★ Beef Pie - Lite	\$5.00
★ Mamma Mia Pizza (GF,DF) (N/A Fridays) <i>Homemade Freshly Topped Pizza- Ham & Cheese/Ham, Pineapple & Cheese, Pineapple & Cheese, or Cheese</i>	\$5.00	★ Beef Pie (Gluten Free)	\$6.50
★ Hot Diggity Dog (GF,DF) <i>97% Fat Free Skinless Frank on a long roll with Tomato, BBQ or No Sauce (Frankfurt Only \$2.50)</i>		Add Sauce (Tomato, BBQ, Mayo, Sweet Chilli, Aioli)	\$7.50
Add Cheese (Dairy Free & Vegan Cheese Available \$1.00)			\$0.50
Gluten Free (Bun, Roll or Pizza Base)			\$1.50
★ MEAL DEALS ★		★ Wrap It Up Wraps - Freshly Made ★	
Turn any Big Lunch Option into a Meal Deal! Drink: 99% Juice Popper or Water (250ml) + Snack: Popcorn, Apple Wedges or Cheese Cubes		All Wraps \$6.00	
		★ Charlton Chicky Wrap (GF) <i>Chicken Wedges with Lettuce and Mayo</i>	
		★ Ham It Up Wrap (GF) <i>Ham with Lettuce, Tomato, Cucumber, Beetroot, Carrot, Cheese & Mayo</i>	
		★ Roast It Wrap (GF) <i>Roast Chicken with Lettuce, Tomato, Cucumber, Beetroot, Carrot, Cheese & Mayo</i>	
		★ Silly Caesar Wrap (GF) <i>Roast Chicken with Lettuce, Tomato, Cheese, and Caesar Dressing</i>	
		★ Sensational Salad Wrap (GF, V) <i>Lettuce, Tomato, Cucumber, Beetroot, Carrot, Cheese & Mayo</i>	

★ Super Sangas - Freshly Made ★ +Wholemeal bread available (GF,DF,V)		★ Super-Charged Salad - Freshly Made ★		
★ Vegemite/Strawberry Jam/Honey/Butter	\$2.00	★ Garden Salad	S- \$5.00	L- \$7.00
★ Cheese	\$3.00	★ Ham/Chicken or Egg & Salad	S- \$6.00	L- \$8.00
★ Ham/Egg/Chicken	\$4.00	★ Chicken Caesar Salad	S- \$6.00	L- \$8.00
★ Cheese, Chicken & Mayo/Chicken, Lettuce & Mayo	\$5.00	★ Seriously Good Snacks ★ (Available for both breaks & for delivery to classroom for 'Brain Food' @ 9:30am)		
★ Salad	\$5.00	★ Popcorn (GF,V) (Fresh Popped)	Small Bag \$0.50	Large Bag \$1.50
★ Ham & Salad/Chicken & Salad/Chicken Caesar	\$6.00	★ Cheese Cubes		\$2.00
Sanga Extras:		★ Boiled Egg		\$1.50
★ Jam, Honey, Vegemite, Aioli, Mayo, Mustard Sauce, BBQ Sauce, Tomato Sauce	\$0.50	★ Bliss Balls (Choc Peppermint, Choc Salted Caramel)		\$2.50
★ Onion, Tomato, Beetroot, Lettuce, Cucumber, Carrot, Cheese, Vegan Mayo, Vegan Aioli	\$0.70	★ Crackers and Cheese (GF)		\$3.00
★ Avocado	\$1.00	★ Fruit Wedges (Apple, Orange, or Pear)		\$2.00
★ Roll, Ham, Chicken, Boiled Egg, Vegan Cheese	\$1.00	★ Apple Slinky		
Gluten Free Bread, Roll or Wrap	\$1.50	★ Fruit Salad (Seasonal Fruits)	Cup- \$4.00	S- \$5.00
Toasted	\$0.50			L- \$6.00
		★ Cool Custard and Fruit Salad Cup (GF)		\$4.00
		★ Vegorama Cup (Cucumber, Carrot & Cheese Cubes)		\$4.00
		★ Watermelon Cup (Diced Watermelon Pieces)		\$4.00

★ Drinks ★			Dietary Requirements	
★ Spring Water Bottle	250ml	\$1.00	The Tuckshop is SEAFOOD FREE. Vegan, Dairy Free, Gluten Free, Vegetarian and Egg Free options are available.	
	600ml	\$2.00		
★ 100% Juice Cup (100ml)		\$1.00		
★ 99% Juice Popper (Apple, Apple Blackcurrant, Tropical, Orange)		\$1.50		
★ Milk Cup (Full Cream or Lite)		\$1.50	Should your child have special dietary requirements please contact Mel on 3294 5331 to discuss options.	
★ Milk Cup (Lactose Free, Soy)				
★ Milo (Cold or Warm)		\$2.00	Online Ordering: Register at: www.munchmonitor.com/account/register School ID: Karalee Password: munch4306	
★ Milk Popper (Chocolate, Strawberry, Vanilla)				
★ Bluey Flavoured Milk (Chocolate, Strawberry)		\$2.50		
★ 300ml Flavoured Milk (Chocolate, Strawberry)				
★ 350ml Groove Fruit Flavour Sparkling Water		\$3.00		

★ Cool Treats ★ (2 nd break only)		
★ Zooper Dooper - Cosmic		\$0.50
★ Zooper Dooper - No Sugar, Sour, Lemonade		\$0.60
★ Snap Stix, TNT, Milk Pop, Sour Pop, Zing		\$1.00
★ Calippo		\$2.50
★ Lemonade Icy Twist		
★ Ice Cream Tub		
★ Frozen Yoghurt Tub		\$3.50
★ Slush Puppy - Various Flavours (Natural Flavours made with Apple, Pear & Grape Juice)	Small	\$2.00
	Large	\$2.50
★ Seriously Sometimes Snacks ★		
★ Homemade Muffin (Low sugar) (GF,DF,EF)		\$2.50
★ Homemade 'Cookie of the Day' (GF,DF,EF)		\$1.00
★ Cool Custard Cup		\$2.00
★ Pikelets x2 (Plain or with Jam) (GF,DF,EF)		
★ Mini Finger Bun		\$3.00
★ Snack Packs ★		
★ Eggstraordinary Snack Pack 99% Juice Popper or Water, Boiled Egg, Large Popcorn, Whole Apple (Wedged)		\$6.00
★ Snack Attack 99% Juice Popper or Water, Cheese Cubes, Large Popcorn, Whole Apple (Wedged)		
Legend: ★ = Eat Mostly ★ = Eat Sometimes (GF) - Gluten Free Option Available (DF) - Dairy Free Option Available (V) - Vegan Option Available (EF) - Egg Free		

How to Order: Online ordering through Munch Monitor is our preferred method. This is an efficient tool that enables the Tuckshop staff to spend more time preparing our homemade menu.

Counter Orders: Orders need to be clearly marked as

shown, on a bag or envelope, sealed with money enclosed. Every effort will be made to contact students

should a change need to be made to the original order due to stock availability or insufficient funds.

Late Orders/No Lunch: Online orders close at 9:10am. Late orders will be negotiated depending on the time and food available. Students with no lunch will be direct to the office to contact parents.

Name: Alice Smith
 Class: 4B
First Break / Second Break
 Items:
 Chicken Schnitzel Burger \$6.50
 99% Juice Popper \$2.00
 Total Cost: \$8.50
 Change Required: \$1.50



Please remember that we can remove any unwanted ingredients from your choices. Please make note of this when ordering.

Term 4 2023