

Karalee Tuckshop Menu



Karalee State School
P&C Association

Karalee State School Tuckshop is a community run service provided by the P&C Association and Volunteers. We aim to provide fun and fresh menu options to the Karalee community that are predominantly homemade.

Operating Hours: Mon-Fri 8:00am-2:30pm

★ Big Lunch ★ (1 st break only)		★ Hot Box ★		
★ Chicken Schnitzel Burger (GF) <i>Schnitzel, Lettuce & Aioli on a Sesame Seed Bun</i>	\$6.00	★ Sausage Roll	\$4.50	
★ The CheeseBurglar (GF) <i>Beef Pattie, Cheese Slice & Tomato Sauce on a Sesame Seed Bun</i>		★ Sausage Roll (Gluten Free)	\$6.00	
★ Brontosaurus Burger (GF) <i>Beef Pattie, Tomato, Beetroot & Lettuce with Burger Sauce on a Sesame Seed Bun</i>		★ Chicken Wedge Vege Nest (<i>Lettuce, Corn & Mayo</i>)		
★ Vegetarian Burger (GF,V) <i>Homemade Vegan Lentil Pattie, Tomato, Beetroot, Lettuce & Mayo on a Sesame Seed Bun</i>		2 Tenders & Salad	1 Tender (GF) & Salad	\$4.00
★ Chicken Wedge Sub (GF) <i>3x Chicken Wedges on a long Roll with Lettuce & Mayo</i>		4 Tenders & Salad	2 Tenders (GF) & Salad	\$6.00
★ Mamma Mia Pizza (GF,DF) (<i>N/A Fridays</i>) <i>Homemade Freshly Topped Pizza- Ham & Cheese/Ham, Pineapple & Cheese, Pineapple & Cheese, or Cheese</i>	\$4.50	6 Tenders & Salad	3 Tenders (GF) & Salad	\$8.00
★ Hot Diggity Dog (GF,DF) <i>97% Fat Free Skinless Frank on a long roll with Tomato, BBQ or No Sauce</i>		★ Beef Pie		\$6.00
Add Cheese (<i>Dairy Free & Vegan Cheese Available</i>)	+\$0.50	★ Beef Pie (Gluten Free)	\$7.50	
Gluten Free (<i>Bun, Roll or Pizza Base</i>)	+\$1.50	Add Sauce (<i>Tomato, BBQ, Mayo, Sweet Chilli, Aioli</i>) \$0.30		
★ MEAL DEALS ★ Turn any Big Lunch Option into a Meal Deal! Drink: Berri 100% Juice (110ml) or Water (250ml) + Snack: Popcorn, Apple Wedges or Cheese Cubes		+\$1.50		
★ Wrap It Up Wraps - Freshly Made ★				
★ Charlton Chicky Wrap (GF) <i>Chicken Wedges with Lettuce and Mayo</i>				
★ Ham It Up Wrap (GF) <i>Ham with Lettuce, Tomato, Cucumber, Beetroot, Carrot, Cheese & Mayo</i>				
★ Roast It Wrap (GF) <i>Roast Chicken with Lettuce, Tomato, Cucumber, Beetroot, Carrot, Cheese & Mayo</i>				
★ Silly Caesar Wrap (GF) <i>Roast Chicken with Lettuce, Tomato, Cheese, and Caesar Dressing</i>				
★ Sensational Salad Wrap (GF, V) <i>Lettuce, Tomato, Cucumber, Beetroot, Carrot, Cheese & Mayo</i>				
All Wraps \$5.00				

★ Super Sangas - Freshly Made ★ +Wholemeal bread available (GF,DF,V)		★ Super-Charged Salad - Freshly Made ★			
★ Vegemite/Strawberry Jam/Honey/Butter	\$2.00	★ Garden Salad	XS- \$2.50	S- \$5.00	L- \$7.50
★ Cheese & Vegemite/Cheese/Ham	\$2.50	★ Ham/Chicken or Egg & Salad		S- \$5.00	L- \$7.50
★ Ham & Cheese/Egg/Cheese & Tomato/Chicken	\$3.00	★ Chicken Caesar Salad		S- \$5.00	L- \$7.50
★ Chicken & Cheese/Egg & Lettuce/Ham, Cheese & Tomato	\$3.50	★ Seriously Good Snacks ★ (Available for both breaks & for delivery to classroom for 'Brain Food' @ 9:30am)			
★ Cheese, Chicken & Mayo/Chicken, Lettuce & Mayo	\$4.00	★ Popcorn (GF,V) (<i>Fresh Popped</i>)	½ Bag \$0.50	Bag \$1.00	
★ Salad	\$4.50	★ Cheese Cubes	\$0.50		
★ Ham & Salad/Chicken & Salad/Chicken Caesar	\$5.50	★ Boiled Egg	\$1.00		
Sanga Extras:		★ Bliss Balls (<i>Choc Peppermint, Choc Salted Caramel</i>)	\$1.50		
★ Jam, Honey, Vegemite, Aioli, Mayo Mustard, BBQ Sauce, Tomato Sauce	\$0.30	★ Crackers and Cheese (GF)	\$2.50		
★ Onion, Tomato, Beetroot, Lettuce, Cucumber, Carrot, Cheese, Pineapple, Olives, Vegan Mayo, Vegan Aioli	\$0.50	★ Fruit Wedges (<i>Apple, Orange, or Pear</i>)	\$1.50		
★ Avocado	\$0.75	★ Apple Slinky			
★ Roll, Ham, Chicken, Boiled Egg, Vegan Cheese	\$1.00	★ Fruit Salad (<i>Seasonal Fruits</i>)	XS- \$2.50	S- \$3.50	L- \$5.50
Gluten Free Bread, Roll or Wrap	\$1.50	★ Cool Custard and Fruit Salad Cup (GF)	\$2.00		
Toasted	\$0.50	★ Vegorama Cup (<i>Cucumber, Carrot & Cheese Cubes</i>)	\$2.50		
		★ Watermelon Cup (<i>Diced Watermelon Pieces</i>)	\$2.50		

★ Drinks ★		
★ Spring Water Bottle	250ml	\$1.00
	600ml	\$2.00
★ 100% Juice Cup (100ml)		\$1.00
★ 99% Juice Popper (Apple, Apple Blackcurrant, Tropical, Orange)		\$1.50
★ Milk Cup (Full Cream or Lite)		\$1.50
★ Milk Cup (Lactose Free, Soy)		\$2.00
★ Milo (Cold or Warm)		
★ Milk Popper (Chocolate, Strawberry, Vanilla)		
★ Bluey Flavoured Milk (Chocolate, Strawberry)		\$2.50
★ 300ml Flavoured Milk (Chocolate, Strawberry)		
★ 350ml Groove Fruit Flavour Sparkling Water		\$3.00

Dietary Requirements
 The Tuckshop is SEAFOOD FREE.
 Vegan, Dairy Free, Gluten Free, Vegetarian and Egg Free options are available.



Should your child have special dietary requirements please contact Mel on 3294 5331 to discuss options.

Online Ordering:
Register at:
www.munchmonitor.com/account/register
School ID: Karalee
Password: munch4306

★ Cool Treats ★ (2 nd break only)		
★ Zooper Dooper (No Sugar, Sour, Lemonade)		\$0.50
★ Fruit Ice		\$0.60
★ Snap Stix, TNT, Milk Pop, Sour Pop, Zing		\$1.00
★ Calippo		\$1.50
★ Lemonade Icy Twist		\$2.00
★ Ice Cream Tub		
★ Frozen Yoghurt Tub		\$3.00
★ Slush Puppy - Various Flavours <i>(Natural Flavours made with Apple, Pear & Grape Juice)</i>	Small	\$2.00
	Large	\$2.50

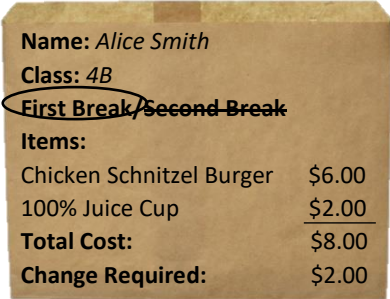
★ Seriously Sometimes Snacks ★		
★ Homemade Muffin (Low sugar) (GF,DF,EF)		\$2.00
★ Homemade 'Cookie of the Day' (GF,DF,EF)		\$0.50
★ Cool Custard Cup		\$1.50
★ Pikelets x2 (Plain or with Jam) (GF,DF,EF)		
★ Mini Finger Bun		\$2.00

★ Snack Packs ★		
★ Eggstraordinary Snack Pack Juice Cup or Water, Boiled Egg, Large Popcorn, Whole Apple (Wedged)		\$5.00
★ Snack Attack Juice Cup or Water, Cheese Cubes, Large Popcorn, Whole Apple (Wedged)		

Legend:
 ★ = Eat Mostly
 ★ = Eat Sometimes
 (GF) - Gluten Free Option Available
 (DF) - Dairy Free Option Available
 (V) - Vegan Option Available
 (EF) - Egg Free

How to Order: Online ordering through Munch Monitor is our preferred method. This is an efficient tool that enables the Tuckshop staff to spend more time preparing our homemade menu.

Counter Orders: Orders need to be clearly marked as shown, on a bag or envelope, sealed with money enclosed. Every effort will be made to contact students should a change need to be made to the original order due to stock availability or insufficient funds.



Late Orders/No Lunch: Online orders close at 9:10am. Late orders will be negotiated depending on the time and food available. Students with no lunch will be direct to the office to contact parents.

👐👐👐 Please remember that we can remove any unwanted ingredients from your choices. Please make note of this when ordering. 2023